

Think and Grow Rich Outlined – Self Analysis –

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Know yourself – answer these questions, and ask yourself why

- Do you complain often of "feeling bad"?
- Do you find fault with others at slight provocation?
- Do you frequently make mistakes with your work?
- Are you sarcastic and offensive in your conversation?
- Do you deliberately avoid the association of certain people?
- Do you suffer from indigestion?
- Does life seem futile?
- Do you like your occupation? Are you envious of those who do better?
- Do you devote more time to thinking of failure of success?
- Are you gaining or losing self confidence as you grow old?
- Do you learn from your mistakes?
- Do you suffer from mood swings between excitement and despair?
- Who is the most inspiring influence on you?
- Do you tolerate avoidable negative influences?
- Do you pay attention to your personal appearance?
- Do you avoid your problems by being too busy to deal with them?
- Are you okay with letting others do your thinking for you?
- Do you allow preventable disturbances to annoy you?

- Do you rely on alcohol, drugs, or tobacco to calm yourself?
- Does anybody nag you?
- Do you have a definite life purpose and a plan for achieving it?
- Do you suffer from the six basic fears?
- Do you deliberately shield yourself against deliberate influences from others?
- Do you use auto-suggestion to make your mind positive?
- What do you value more, your material possessions, or your independence of thought?
- Are you easily influenced by others?
- Have you learned something today or become a better person?
- Do you face and solve problems that make you unhappy?
- Do you analyze your mistakes and failures to learn from them?
- Are you doing anything to correct your three most damaging weaknesses?
- Do you intentionally learn from your experiences for personal advancement?
- Does your presence have a positive or negative influence on others?
- What habits of others annoy you the most?
- Do you form your own opinions, or allow others to influence you?
- Can you mentally shield yourself from discouraging influences?
- Does your occupation inspire you with faith and hope?
- Can you keep your mind free of all forms of fear?
- Does your religion keep you positive?
- Do you feel it is your duty to share other people's worries?

- If birds of feather flock together, what do your friends say about you?
- What connection is there between people you associate with, and any experience you may experience?
- Is it possible that one of your close friends is actually a bad influence?
- How do you determine who is helpful or damaging to you?
- Are your close friends mentally smarter or stupider than you?
- How much time per day do you spend on your work, sleep, play and relaxation, learning, and waste?
- Who of your acquaintances encourages you, cautions you, discourages you, or helps you in other ways?
- What is your greatest worry, and what have you done about it?
- When others offer you unsolicited advice, do you question it or accept it?
- What do you desire the most, what will you give up for it, and how much time do you spend on it?
- Do you often change your mind? What causes it?
- Are you impressed by others' business or professional titles, degrees, or wealth?
- Do you cater to people because of their social or financial status?
- Who is the greatest person living? How is this person superior to you?
- How much time have you spent thinking about and answering these questions?